

## Sunshine Coast 2017 Class Descriptions

Below is a complete listing of all the class descriptions in one place, in alphabetical order by instructor's first name (YMCA offerings at the end).

### Andy's classes

*Time: 11:00 am*

Level: Intermediate to Advanced Guitar Players

#### **Groovy Guitar Accompaniment**

Description: Learn how to support fiddle music with rhythmic drive and great chord ideas. You must already have some guitar "chops" to be in this groovy class.

*Time: 1:30 pm*

Level: Advanced Guitar Players &/or experienced Vocalists

#### **Advanced Band: Vocal & Accompaniment**

Description: Delve deeper in to the world of singing and harmony and/or the secrets of playing tasteful back up to songs and tunes in a band setting.

*Time: 3:00 pm*

Level: All levels, all ages

#### **World Music Choir**

Description: All ages and experience levels are invited to come share in the joy as we learn traditional folk songs from around the globe and splash them with harmony as we learn how to use our voice.

### Geoff's Classes

*Time: 11:00 am*

Level: Beginner - Intermediate Adult Fiddlers

#### **Old Time Fiddle for Adults**

Description: Geoff loves to explore Old-time music with adults-- he'll go slow and break it down with lots of great tips and techniques along the way.

## Sunshine Coast 2017 Class Descriptions

*Time: 1:30 pm*

Level: Beginner Piano Players

### **Introduction to Piano Accompaniment**

Description: Geoff likes to teach accompaniment in a non-classical way, i.e using the number system, with lots of ear training, and hands on fun. Please bring your own keyboard, stand, and headphones.

*Time: 3:00 pm*

Level: Intermediate - Advanced Piano Players

### **Experienced Piano Accompaniment**

Description: Geoff likes to teach accompaniment in a non-classical way, i.e using the number system, with lots of ear training, and hands on fun. He will go deeper into chord shapes, substitutions, rhythmic patterns etc in this more advanced keyboard class. Please bring your own keyboard, stand, and headphones.

## Gordon's classes

*Time: 11:00 am*

Level: **Intermediate Fiddle**

Description: Tune learning with an emphasis on dance bowing. Lots of exercises and right hand work.

*Time: 1:30 pm*

Level: **Advanced Band** (all melody instruments)

Description: What to do when the rhythm section doesn't show up. Covering the sonic spectrum from groove to melody including direct and incidental harmony.

*Time: 3:00 pm*

Level: **Intermediate + Fiddle**

Description: Twin fiddle tunes outside the old time box. Closely harmonized tunes not from a traditional repertoire. Principles of close harmony will be discovered here. Anyone can play melody. Few are chosen to the lofty world of harmony.

# Sunshine Coast 2017 Class Descriptions

## Jeff's Classes

*Class Time: 11:00*

Level: Intermediate+/Advanced Strings (Cello, viola & fiddle)

### **Intermediate+/Advanced Groove for Strings**

description: an upper level string class (cello, fiddle, viola) on chording, comping, chucking and chopping. GROOVY & FUN.

*Class Time: 1:30*

Level: Looping (all instruments, int-adv, ages 12+)

### **Looping & Electronics**

description: a hands-on intermediate to advanced level instrumental class to learn the ins and outs, layers and stacks of the looping world (ages 12 and up). Bring your gear if you have it, if not no worries.

*Class Time: 3:00*

Level: Beginner & Intermediate Shifting Into Fiddle Tunes for Cello (violas are welcome too)

### **Beginner & Intermediate Shifting Into Fiddle Tunes**

description: a beginner / intermediate cello (and viola) class focusing on learning how to adapt fiddle tunes to cello.

## Jennie's Classes

*Time: 11:00 am*

Level: Intermediate +

### **Intermediate+ Fiddle: Celtic Journeys**

We'll learn some fun new tunes, and also try out different ways to accompany old favorites to make them our own! We'll have a look at accompaniment rhythms for many kinds of tunes, and turn your fiddle into a bodhran! Add in some adventurous arrangements, bowing experiments and chording 101, and you've got a recipe for great musical exploration!

## Sunshine Coast 2017 Class Descriptions

*Time: 1:30 pm*

Level: Beginner Fiddle

### **Beginner Fiddle Favourites**

In this class we'll learn some traditional favourites and take a look at bowing techniques to add to your skills. We'll also try some harmonies and chording out with some beginner jamming!

*Time: 3:00 pm*

Level: Beginner+ Fiddle

### **Beginner+ Fiddle For Circle Dancing**

Circle Dance, or Chain Dance, is a style of dance done in a circle or semicircle to musical accompaniment, and is one of the oldest known dance formations. To have a great circle dance, you need some great music, and in this class, we'll learn a few dance tunes and then teach one of our dances to the rest of camp with our circle dance orchestra in the centre of it all!

## JJ's Classes

*Time: 11:00 am*

Level: Beginner + Fiddle

### **Beginner+ Fiddle: Prairie Dance tunes**

This class will have you learning different dance hall tunes from across the Canadian Prairies that are as fun to play as they are to dance!

*Time: 1:30 pm*

Level: Intermediate - Advanced, all instruments

### **Composing for Melody Instruments**

This class will be looking at and using different approaches to write and create music. No experience needed! Bring a pencil, paper, and recording device.

*Time: 3:00 pm*

Level: Intermediate

### **Intermediate Canadian Fiddle**

Learn some awesome Fiddle tunes by some of Canada's greatest and most famous.

# Sunshine Coast 2017 Class Descriptions

## Maggie's Art Classes

*Time: 1:30 pm*

Level: Art for Kids (ages 5-12)

Description: **Art studio for Kids**

This fun class offers an open studio format. Our focus is on supporting a process-oriented, open-ended art experience. Revisiting familiar materials from day to day deepens learning by allowing children to make connections and master techniques.

*Time: 3:00 pm*

Level: Teen & Adult Art (ages 13 and up)

Description: **Playful Creative Art Studio**

Inspired by our environmental elements- land, mountain, water, sky, plants and more. Maggie will be leading this class on visual thinking and hands-on creativity. She believes in finding fun and meaningful ways to make every day creative. Many playful experimental techniques will be used that encourage curiosity and creative. Creative exploration will be the focus, on wooden panel and canvas.

## Mark's Classes

*Time: 11:00 am*

Level: Beginner Fiddle

**It's All in the Bow**

Description: We'll explore practice techniques for bowing and talk about this all important tool for driving the fiddle!

*Time: 1:30 pm*

Level: intermediate fiddle

**Ottawa Valley Fiddle**

Description: Learn a medley of tunes from the Ottawa Valley, one of the great fiddle hubs in Canada!

## Sunshine Coast 2017 Class Descriptions

*Time: 3:00 pm*

Level: Advanced Fiddle

### **Let's Swing**

Description: Learn a swing tune or two, and let's talk about improv and chord structure, too!

## Trish's Classes

*Time: 11:00 am*

Level: Advanced Fiddle (viola & cello welcome too)

### **Fiddelium Advanced Fiddle**

Description: Ensemble bliss for advanced players! groove and harmonize some very hip tunes in this challenging strings ensemble class

*Time: 1:30 pm*

Level: Beginner + fiddle

### **Beginner + Fiddle**

Description: Great tunes, great technique, come find them here.

*Time: 3:00 pm*

Level: Intermediate to Advanced Level, All (Melody & Accompanying)  
Instruments

### **Folk Band**

Description: Bring your instrument(s) and creativity as we create arrangements for a rockin' folk band out of it all.

## Zavallennahh's Classes

*Class Time: 11:00*

### **First Time Fiddle**

This class is designed for keen folks (big and small) who have never played the fiddle before! The course will include an introduction to the fiddle by focussing on holding, bowing, and basic finger patterns. You will be able to play a tune or two by the end of the week, guaranteed! (Students aged 6 or under are asked to please attend with an adult).

## Sunshine Coast 2017 Class Descriptions

*Class Time: 3:00*

Level: Intermediate to Advanced Level, All (Melody & Accompanying) Instruments

### **Folk Band (with Trish Horrocks)**

Description: Bring your instrument(s) and creativity as we create arrangements for a rockin' folk band out of it all.

## YMCA Outdoor & Adventure Classes

### **Marine & Creek Nature Studies**

*Class Time: 11:00 am, All ages welcome.*

**Hutchinson Creek Study**- through sensory and interactive games participants explore flora & fauna of our Salmon run estuary.

**Human Marine Impact**- participants explore the impacts that individuals and industry can have on marine ecosystems through hands on exploration of camp's Howe Sound shoreline.

**Marine Beach Study**- focused on marine wildlife of the Sunshine Coast, explore living creatures on camp's shoreline through sensory and interactive games.

### **Outdoor Adventure: Archery & Low Ropes**

*Class Time: 11:00 am, all ages welcome*

**Archery**: focusing on skill development and personal accomplishment, participants learn proper technique and handling of equipment through instruction, practice and games. No previous experience required.

**Low Ropes**: focusing on cooperation, communication, leadership, initiative, and trust, participants problem-solve group challenges to reach a common goal. No previous experience required.

## Sunshine Coast 2017 Class Descriptions

### Forest Survival Skills

*Class Time: 1:00 pm, all ages welcome*

**No Trace Shelter Building:** participants learn to create rain and wind-proof shelters

**No Trace Fire Building:** participants build and light a small campfire designed for different survival situations using “No Trace” practices

**Wild Edibles:** participants are led on a search for various edible elements of this region

**Orienteering:** using map and compass, participants complete a scavenger hunt

### Outdoor Adventure: Hiking & Orienteering

*Class Time: 1:00 pm, all ages welcome*

**Discovery Hikes:** enjoy active and interpretive hikes to ‘Big Tree’ and the ‘Tipi Village’

**Orienteering:** using map and compass, participants complete a scavenger hunt

### Nature Play for Kids

*Class Time: 3:00 PM, ages 5-12*

A combination of games and guided activities geared towards kids, such as...

**Predator vs. Prey:** participants experience the interdependence of animals through role-play

**Fishing:** join us on the dock as we provide a stick, line and hook for participants to make their own fishing rod

## Sunshine Coast 2017 Class Descriptions

**Forest Study:** focusing on sensory awareness and exploration, participants experience forest ecology through active nature connection games

**Team Building Activities:** participants focus on conflict resolution, communication, decision-making and problem-solving through cooperative activities that build confidence, teamwork, and trust

**Supervised Free Play** in the forest or on the beach

### Outdoor Adventure: Canoes & Kayaks

*Class Time: 3:00 pm, ages 10+ up*

**Canoeing:** learn basic canoe skills through practice and games in Howe Sound

**Voyageur/War Canoe:** learn basic skills in a 10-16 person canoe and apply learning through practice and games in Howe Sound

**Kayaking:** in beginner ocean kayaks, participants learn the skills necessary to safely enter, exit and manoeuvre their boat and apply learning through practice and games in Howe Sound

There may be an opportunity to try Paddleboarding too.  
All life jackets & equipment provided by the YMCA.