

What to do on Saltspring Island?

Source <http://www.saltspringislander.com/activities.html>

- Bike riding – Saltspring Island can be a great place for a bike trip. The scenery is amazing and it is very easy to take your bike over on the ferry. However, many of Saltspring's roads are narrow so you will want to exercise some caution. Also, there are a few monster hills on the island, especially the main one between Ganges and Fulford!
- Swimming lakes- Stowel Lake is the closest to fiddle camp, access is off of Beaver Point Road towards Fulford; Blackburn Lake is accessed off Fulford/ Ganges and is known for its skinny dippers. Cusheon Lake is also close, access off Cusheon Lake Road. St Mary's Lake is in the North End.
- Kayaking – there are many opportunities for taking in some stunning scenery while padding. Ganges Harbor with its protected waters and small islands is a great place to paddle. Kayak rentals in both Ganges and Fulford.
- Hiking – The island has many scenic walking and hiking paths from the easy to the somewhat challenging. Try Ruckle Park in the South end or Mouat's Park in Ganges.
- Art tours – Saltspring Island has a remarkable artist studio tour that is now in its 17th year of operation! The tour allows you to visit the studios of over 32 different local artisans. Learn more about the studio tour and get a free downloadable artist studio map at www.saltspringstudiotour.com
- The Saturday Market is world famous for its fabulous arts, crafts, farmers and people! No dogs allowed. Ganges is a zoo once the market gets going so go early to get a parking spot. During the week check out ArtCraft in Mahon Hall in Ganges.
- Golf – Saltspring Island has two golf courses, each with a unique character. The Salt Spring Island Golf & Country Club has a fine course and clubhouse, and is open to the public. It's a 3100 yard, par 6 nine hole course that's open year round and was first built in 1928!. Salt Spring Island Golf & Country Club 805 Lower Ganges Rd. Tel. 250-537-2121; Fax 250-537-2126

- Catch a movie –Up near central (north of Ganges) is a little town hall that also doubles as a movie theatre “The Fritz” in the evening and on weekends. Before the movie starts they give you a local slide show instead of a bunch of irritating commercials, and they actually use real butter on their organic popcorn!
- Check out some of the local wineries and vineyards – Saltspring Island is an up and coming wine producing region. You can find two vineyards on the Southern slopes of the island - Lees Hill off Fulford Ganges Road.

Salt Spring FAQ:

Q: How many people currently live on Saltspring Island?

A: Currently there are about 10,000+ year round residents and 2 to 3 times that during the summer months.

How can I get to Saltspring Island? BC Ferries

For information or reservations: 1-888-BC Ferry or www.bcferrries.com

From Vancouver Island

Swartz Bay-Fulford Harbour Ferry or Crofton-Vesuvius Ferry.

From Vancouver/Lower Mainland

- Tswwassen to Swartz Bay on Vancouver Island, transferring to Fulford Harbour Ferry.
- Tswwassen to Long Harbour on Salt Spring Island. (Note: You should reserve ahead if you are bringing a car.)
- Horseshoe Bay on the Nanaimo Ferry, then drive south to Crofton to catch the Crofton-Vesuvius Ferry.

Driving instructions to Camp at Stowel Lake Farm, 190 Reynolds Road

Driving from Long Harbour

Take Long Harbour Road to the end at the T intersection. Turn left and follow the road up to the next T intersection. Turn left again and drive through the town of Ganges. You are now heading south on the Fulford-Ganges Road. Drive for about 15 minutes, until you are just about in Fulford and turn left at Beaver Point Road and then after a couple of kilometres look for Reynolds Road after the big curve in the road- you'll turn right here, and Stowel Lake Farm is #190 on your right... look for the Fiddleworks sign!

Driving from Fulford Harbour

Take the Fulford Ganges Road up the hill out of Fulford Harbour and then at the first corner turn right onto Beaver Point Road and then after a couple of kilometres look for Reynolds Road after the big curve in the road- you'll turn right here, and Stowel Lake Farm is #190 on your right... look for the Fiddleworks sign!

Driving from Vesuvius Bay

Take the Vesuvius Bay Road and follow the signs to the town of Ganges. Drive through town. You are now heading south on the Fulford-Ganges Road. Drive for about 15 minutes, until you are just about in Fulford and turn left at Beaver Point Road and then after a couple of kilometres look for Reynolds Road after the big curve in the road- you'll turn right here, and Stowel Lake Farm is #190 on your right... look for the Fiddleworks sign!



For further information on Salt Spring Island visit www.saltspringtoday.com

FOOD! Where to eat on Saltspring Island

Grocery stores

- Country Grocer, Ganges Village Market Upper Gangers Road Ganges
- Thrifty Foods 114 Purvis Lane, near Mouat's in Ganges
- Natureworks, On Fulford Ganges road in Ganges

Convenience stores

- Lo-Cost in Ganges on south end of main street
- Fulford Mercantile, general store & coffee shop in Fulford

Coffee Shops

- Rock Salt Cafe in Fulford
- Morningside Organic Bakery in Fulford
- Salt Spring Coffee Company (Roasting Company) in Ganges
- TJ Beans Coffee Shop in Ganges
- Barb's Buns at Creekside in Ganges

Full Menu Restaurants

- Rock Salt Café and Restaurant, Fulford
- Barb's Buns, Ganges
- Aunties Pestos, Grace Point Square, Ganges
- Tree house Café, Near Mouat's in Ganges
- MIX, Mouat's Landing Ganges
- Oystercatcher Seafood Bar & Grill, Mouat's Landing Ganges
- Salt Spring Inn, Main Road Ganges
- Seaside Restaurant, Vesuvius